

Background

Health strategies for the management of COVID-19 pandemic rely on diagnostic tests. External Quality Assessment Programs provide an independent assessment of the effectiveness of analytical systems, improving the health strategy's quality.

Aim

Here, we aimed to assess the diagnostic accuracy of molecular methods for SARS-CoV-2 by analyzing the results of an External Quality Assessment Program conducted by Controllab, accredited by ABNT NBR ISO/IEC 17043:2011, in partnership with the Brazilian Society of Clinical Pathology/Laboratory Medicine (SBPC/ML).

Methods

The quality control materials were inactivated lyophilized suspension of Vero cells (BCRJ 0245/ATCC CCL-81) infected with viable SARS-CoV2 particles from different strains, including the variants of concern, Gamma (Variant B.1.1.28.1 or P.1- Brazilian Variant -Manaus), BETA (Variant B. 1.351 - South African variant), Omicron (B.1.529 variant), and other strains. The strains were propagated under BSL-3 conditions and maintained in an atmosphere of 5% CO₂ at 37°C in Dulbecco's Modified Eagle's Medium, supplemented with 5% fetal bovine serum. The External Quality Assessment Program surveys were conducted from May 29, 2020, to November 1, 2022, and the accuracy of several molecular tests was assessed. The percentage of correct results, sensitivity, specificity, false positive, and false negative were calculated and analyzed according to the applied method (RT-PCR, RT-LAMP, and Nicking Enzyme Amplification Reaction - NEAR). The methods were also classified as laboratory-developed or in vitro diagnosis. Standard descriptive analyses were carried out. For statistical analysis, it was applied the independence chi-square test, and was used RStudio software to perform test.

Results

A total of 351 laboratories from 10 countries participated, and 5121 datasets were analyzed. RT-LAMP presented lower percentage of correct results, sensitivity, specificity, and higher percentage of false positive and false negative results than the other methods ($P < 0.05$, for all comparisons) (Table 1). Laboratory-developed tests had lower percentage of correct results and specificity and higher percentage of false positive results compared to In vitro diagnosis test ($P < 0.05$, for all comparisons) (Table 2). The External Quality Assessment Program also revealed that 90% of laboratories using RT-PCR, 100% using NEAR, and 50% using RT-LAMP presented $\geq 80\%$ of correct results.

Conclusion

NEAR and RT-PCR showed similar diagnostic accuracy and both higher compared to RT-LAMP. In vitro diagnosis tests had higher diagnostic performance compared to laboratory-developed tests. The External Quality Assessment program revealed overall good performance for laboratories. We cannot exclude the impact of a small sample size on RT-LAMP results. Attention points and improvement opportunities go for those using RT-LAMP and laboratory-developed tests.

Disclosure

The authors confirm that they don't have any conflict of interest to declare.

Table 1: Percentage of correct results, sensitivity, specificity, false positive and false negative for each method.

Parameters	RT PCR (N=4555) (%)	RT LAMP (N=42) (%)	NEAR (N=524) (%)
Correct results	95.02	78.57	99.24
Sensitivity	98.30	88.89	98.95
Specificity	91.72	70.83	99.58
False positive	8.28	29.17	0.42
False negative	1.70	11.11	1.05

P-value < 0.05, for all comparisons

Table 2: Percentagem of correct results, sensitivity, specificity, false positive and false negative for laboratory-developed methods and for in vitro diagnosis methods.

Parameters	Laboratory-developed (N=923) (%)	In vitro diagnosis (N=3958) (%)
Correct results	90.76	96.44
Sensitivity	98.18	98.33
Specificity	87.25	94.44
False positive	12.75	5.56
False negative	1.82	1.67

P-value < 0.05, for all comparisons

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